

Autumn 2021 – 2022

What are your rights as a child?

We believe the 'Rights of the Child' are very important here at Tansley Primary School. All of the teachers and staff want to make sure you are happy and we value the importance of being safe and staying safe.

We believe:

- All adults should do what is best for you. •
- You have the right to give your opinion and for adults to take it seriously.
- You have the right to privacy.
- You have the right to be protected from being hurt and mistreated.
- No one is allowed to punish you in a cruel or harmful way.

What does it mean to be safe at school?

You feel good about going to school You feel that the people at school care about you You know what the rules are People listen to what you have to say People won't hurt you with words or actions If you have a problem people try to help you fix it



Who can you talk to if you're worried?

- If you're worried about something you can talk to your friends because they are always around or take some time to calm down in the Woodland Room.
- You can also talk to the teachers or a member of staff who you feel comfortable talking to. They are always willing to listen to you and to try to help you to sort out any problems.
- We also have two people who are in charge of keeping you safe – inside and outside of school. These people are called Designated Safeguarding Leads. If you tell a grown up, they will then share this information with these two people. They are Mrs Barker and Mrs Gunter.

What keeps us safe at school?

- Rules keep us safe because they help us to look after each other.

What should you do if you are asked to do something you know is risky?

If you are asked to do something you know is 'risky behaviour' by another child (peer pressure) or adult such as smoking, drinking alcohol, taking or selling illegal drugs or any other act which you do not feel safe or comfortable doing you must tell an adult you trust straight away. These types of risky behaviours are serious and it is against the law for children to do any of these things. It is our responsibility as adults to safeguard and protect you.

Sometimes gangs or organised crime networks exploit and use children to supply and sell drugs, often across counties, for them. This is known as 'County Lines'. If you are ever asked or forced to do this you must tell an adult you trust immediately and they have a duty to report it to the police.

- Identification badges must be worn by all staff.
- Staff keep us safe by having fire safety practices with us and they are outside during playtimes and lunch times.
- The gates are locked during the day and there are fences or walls all the way around school to protect us so that people can't just come in.
- Doors onto the carpark are locked to stop people getting in during the time we are in school. They will only unlock if a key code is used or if the fire alarm goes off, they will automatically unlock. The main enterance can only be opened from the inside and there is a security door to the office and corridor. The gates are closed and locked onto the playground.
- We have an Anti-Bullying week.
- We take part in Safer-Internet Day
- Other adults that visit the school have to sign in at the main office and wear visitor's badges.
- Staff are trained and carry out First Aid during break times.

There are people at school who can help you, if you don't feel safe.

You are not alone, it is not your fault.

What if you don't feel safe.

You might feel these things.

- Sad
- Afraid
- Worried
- Lonely
- Depressed
- Angry
- Sick in your stomach
- Scared to tell someone how you are feeling

Things that might help if you are not feeling safe.

- Tell someone you trust
- Go somewhere that you feel safe
- Talk to Childline www.childline.org.uk/info-advice

What you can do if you don't feel safe.

If someone is acting badly towards you, tell someone you can trust. Then together you can figure out how to make it better.

Keep asking for help until you get it.

How can you stay safe on the internet and when using social media?

If you see anything online which offends or worries you, stop what you are doing and speak to an adult immediately. They will be able to help you deal with it appropriately.

8 tips to stay safe online









In school you will learn about PANTS rules, it is important to

always remember the Pants' rules

for staying safe, it is your body and you have the right to say 'no' to any unwanted or inappropriate touch.



Pants are Private

Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you

Always remember your body belongs to you

No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see or tries to touch you underneath your underwear say 'NO' – and tell someone you trust and like to speak to.

No means No

You always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'No', it's your choice.

Talk about secrets that upset you

There are good secrets and bad secrets. If a secret makes you feel sad or worried, it's bad – and you should tell an adult you trust about it straight away

Speak up, someone can help you

It's always good to talk about stuff that makes you upset. If you're worried, go and tell a grown up you trust – like a family member, teacher or one of your friend's parents. They'll say well done for speaking out and help make everything OK. You can also call Childline on 0800 1111 and someone will always be there to listen.

7 Never meet anyone in person you've only met online.



8 If you see anything online that you don't like or you find upsetting, tell someone you trust.